

# SAFETY AT HOME

## Fierce Freedom Online Safety Series – Online Safety Conversation Best Practices

- Be proactive- talk with your child about the dangers of human trafficking and how to be safe online.
- Know who your child is interacting with, both in person and online. Set limits and monitor your child's online communication, limit their chatting to people you have met and know personally.
- Traffickers often use the argument that the victim is “damaged goods.” Be sure you let your kids know that they can always come to you, that the abuse was *never their fault*, and that you love them unconditionally.
- Help your kids identify other safe people they can talk to if they ever find themselves in this kind of situation, i.e. doctors, counselors, teachers.
- Remember if they’ve been groomed or abused, they may have conflicting feelings about the perpetrator and may not understand right away– seek professional help if needed.
- Explain the dangers and importance of boundaries. Be a parent first, then a friend.
- Look for teachable moments: Different age groups require different approaches, encourage them to pause before sending.
- Check privacy settings and develop phone/technology “contract”: Set boundaries up front such as no app downloads without pre-approval.
- Utilize Parental Control Software to limit screen time and designate “tech free times” to do family activities.

### Questions or concerns?

- Message us on Facebook
- [office@fiercefreesdom.org](mailto:office@fiercefreesdom.org)
- Website: [www.fiercefreesdom.org](http://www.fiercefreesdom.org)